

COVID-19 Supports for Health Care Assistants

Thank you for your amazing care to your residents, patients and clients during this pandemic!

Please take time to care for your own well-being and seek support as needed – either through services offered by your employer or other supports available via:

Canadian Mental Health Association: www.cmha.bc.ca

Mental Health Commission of Canada: <https://www.mentalhealthcommission.ca/English/covid19>

COVID-19 BC Self-Assessment Tool: <https://covid19.thrive.health/>

Health Information about COVID-19

BC Centre for Disease Control

General Information: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

COVID-19 Resources for Health Care Providers:

<http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/health-care-provider-support>

Long Term Care Facilities and Assisted Living:

<http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/clinical-care/long-term-care-facilities-assisted-living>

Provincial Health Officer Directives Related to the Pandemic

Health Care Assistants Working in Long Term Care Facilities

BC's Provincial Health Officer Orders for public and private health sector employers and long-term care facilities have been issued. Please view here:

[Movement Limitation of Long Term Care Facility Staff – March 27, 2020 \(PDF, 222KB\)](#)

Other orders, notices and guidelines may be viewed here:

<https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/current-health-topics/covid-19-novel-coronavirus>