

LearningHub Courses List for BC Health Care Assistants

This list of courses has been selected to promote the learning and development of Health Care Assistants (HCAs) in BC.

Please note:

- The listed LearningHub courses are free and online.
- It is recommended that you visit the LearningHub through Google Chrome. Most online courses require a desktop or laptop computer.
- While many LearningHub courses are created with specific learners in mind, information in the courses is applicable to health care assistants.
- Courses are listed in alphabetical order (not in order of importance).

To login or sign up for a LearningHub account, visit <https://learninghub.phsa.ca/Learner/Home>

Course Name & Hyperlink to Register	Course Code	Course Description	Organization	Contact
BCCDC Hepatitis C: The Basics 1 hour	5935	This course provides a very basic overview of hepatitis C.	PHSA	hepatitis.ed@ubc.ca
Building and Sustaining Your Resilience 3 hours, 15 min	27683	The purpose of this course is to provide tools and techniques to help learners build and sustain resilience in the workplace. Lessons include mastering stress, staying healthy and creating an action plan.	HEABC	workshops@heabc.bc.ca
Dementia Care: Fundamental Knowledge, Skills and Competencies for Providing Person-Centred Care 3 hours	13062	The content of the learning modules will give you the knowledge, tools and confidence to understand the needs of, and effectively care for, persons with Alzheimer Disease and related dementias.	Island Health	Lorna Jayne Harmerdemay lorna-jayne.demay@viha.ca
Diversity, Equity, and Inclusion Essentials - Through an Anti-Racism Lens 3 hours	30131	This free online course explores the fundamental meanings of diversity, equity, and inclusion.	PHSA	Clara Hesson clara.hesson@phsa.ca

<u>Documentation and Focus Charting</u> 30 minutes	5490	Utilize focus charting technique as per Children’s and Women’s Health Centre of BC and BC Mental Health and Addiction Services	PHSA	Lorelei Faulkner-Gibson lfaulkner@cw.bc.ca
<u>Health Care Assistant Practice in British Columbia</u> 5 hours	24104	This course is based on material from the Health Care Assistant (HCA) Program Provincial Curriculum provides an overview of information that is relevant to HCA practice in the province of British Columbia.	HEABC	BC Care Aide Registry education@cachwr.bc.ca
<u>Health Care Assistant (HCA) Standardized Orientation Program (orientation modules)</u> 12 hours	22830	This curriculum supports learners who require an orientation to the role of the HCA. It is suitable for applicants to the BC Care Aide & Community Health Worker Registry	Multiple Health Organizations	LPS, Administrators lps@viha.ca
<u>Home for Us: Module 1 - Principles of Home for Us</u>	30634	Learn about the Home For Us Principles and Model of Care and how this approach will improve quality care in Long Term Care.	Multiple Health Organizations	Practice, Professional professionalpractice@providencehealth.bc.ca
<u>Home for Us: Module 2 – Person-Centred Language</u>	30280	Learn what person-centred language is and why it is important when supporting residents.	Multiple Health Organizations	Practice, Professional professionalpractice@providencehealth.bc.ca
<u>Home for Us: Module 4 - Effective Communication</u>	31603	Learn what is effective communication, it’s importance in both work and personal situations, and describe some techniques to promote effective communication.	Multiple Health Organizations	Practice, Professional professionalpractice@providencehealth.bc.ca
<u>Home for Us: Module 5 - The Ethics of Supporting Choice in LTC Homes</u>	31604	Resident choice is one of the main principles of the Home for Us social relational care model. Learn how ethical approaches can assist team members to support resident’s choices and facilitate better quality of life for people living in LTC.	Multiple Health Organizations	Practice, Professional professionalpractice@providencehealth.bc.ca

<p><u>Infection Prevention and Control Practices for Direct/Professional Clinical Care Providers</u> 1 hour</p>	8300	<p>This course teaches the principles of routine practices and additional precautions for control of healthcare associated infections. This course highlights the importance of the Point of Care Risk Assessment and teaches the practices that will help protect patients, health care providers and the family/visitors.</p>	Multiple Health Organizations	<p>Joanne Archer at PICNet jarcher@phsa.ca</p>
<p><u>Intro to Working with Transgender Clients</u> 30 minutes</p>	20502	<p>This introductory Trans Care BC training is designed for staff who work in limited capacity with clients and patients, including transgender, non-binary, and gender diverse individuals.</p>	PHSA	<p>Gwen Tara (Gwen) Haworth gwen.haworth@phsa.ca</p>
<p><u>Indigenous gender diversity: creating culturally relevant and gender-affirming services</u> 3 hours</p>	26839	<p>A foundational course to help learners increase awareness, knowledge, and skills for improving access to services for gender diverse Indigenous people across BC.</p> <p>Content development for this course has been led by and made in collaboration with various gender diverse Indigenous, Two-Spirit, and Indigenous community members, providers, and artists.</p>	PHSA	<p>Gwen Tara (Gwen) Haworth learn.transcarebc@phsa.ca</p>
<p><u>Introduction to Indigenous Health</u> 15 minutes</p>	16926	<p>The Introduction to Indigenous Health module will guide you through some foundational information about Indigenous peoples in Canada. Additionally, this module will prompt your thinking about how self-reflection and recognition of power imbalances in healthcare can affect culturally safe service delivery.</p>	Fraser Health	<p>Lazar Cuk Lazar.Cuk@fraserhealth.ca</p>
<p><u>Medical Assistance in Dying (MAiD): A Community Simulation</u> 1 hour</p>	18953	<p>The video in this course is a presentation of a community simulation which occurred in Victoria, BC in May of 2018. This enactment or simulation of a Medical Assistance in Dying [MAiD] event is being shared in an intentional way to convey information, increase understanding and stimulate dialogue.</p>	IH	<p>Darin Abbey, Rosanne Beuthin darin.abbey@vih.a.ca</p>

<u>Orientation for Infection Prevention and Control</u> 5 minutes	23914	Any healthcare professional who has an interest in infection prevention and control is encouraged to complete these modules.	PHSA	Joanne L (Joanne) Archer jarcher@phsa.ca
<u>Person and Family Centred Care - New Employee Orientation</u> 30 minutes	14019	This course will provide the learner with a basic knowledge of patient and family centred care and what health care employees can do to promote a positive care experience for patients and families.	Providence Health Care	Professional Practice professionalpractice@providencehealth.bc.ca
<u>Privacy and Security 101</u> 30 minutes	3544	This Privacy and Security 101 online course is for PHSA employees, researchers, physicians, health care professionals, and volunteers engaged by PHSA or British Columbia Lower Mainland health care organizations with which PHSA has concluded a services agreement.	PHSA	Senior Director, Information Access & Privacy, Information Access & Privacy privacyandfoi@phsa.ca
<u>Provincial Code red – Fire Safety Training (Acute & Long Term Care Facilities)</u> 30 minutes	10853	This course is required for all staff, students, contractors and others working at acute and residential facilities in Provincial Health Services, Fraser Health, Vancouver Coastal Health, and Providence Health.	Multiple Health Organizations	For inquiries please contact firesafety@phsa.ca
<u>Provincial Violence Prevention for Medium and High Risk Departments - 8 Modules</u> 3 hours 30 minutes	7558	All healthcare employees in Medium and High Risk Departments who are expected to deliver care (e.g., nurses, therapists, aides), or work in areas that deliver care (e.g., unit clerks).	Multiple Health Organizations	Harman Nahal workplacehealth@phsa.ca
<u>Recognizing and Responding to Adult Abuse</u> 1 hour	7574	This is a general awareness program for all individuals in a care-giving capacity or who work in a healthcare setting, who come into contact with adults, and particularly older adults. This course will help you to recognize, prevent and respond to adult abuse and neglect in home and community care settings	Multiple Health Organizations	HEABC Education Services workshops@heabc.bc.ca
<u>Resisting Stigma on Substance Use</u>	25853	To allow healthcare providers to better understand the lives of their patients, to provide culturally safe practice, and to increase access to care and quality of care for people who use substances.	VCH	Overdose Emergency Response nancy.chow@vch.ca

Safe Patient Handling Guideline Courses				
Patient Handling Guidelines 10 minutes	19392	The Patient Handling Guidelines must be taken before all others in the curriculum. The purpose of assessing the patient is to determine preparedness and best procedure for transferring the patient. Before patient handling, assess: Caregiver(s), Environment, Patient, Work Organization.	PHSA	Kitamura, Cindy ergo@phsa.ca
Ceiling Lift - Overview 10 minutes	19393	This device is to be used for a patient who has fallen down, who cannot get up without assistance, who cannot weight bear, or who needs repositioning in bed.	PHSA	Kitamura, Cindy ergo@phsa.ca
Ceiling Lift - Universal Sling 10 minutes	19394	Use this procedure to move patients who are non-weight bearing or unable to follow verbal instructions between a bed/stretchers and chair	PHSA	Kitamura, Cindy ergo@phsa.ca
Ceiling Lift - Boosting, Turning & Lateral Transfer 10 minutes	19395	Use this procedure to reposition a dependent patient in bed as a safer alternative to manual methods	PHSA	Kitamura, Cindy ergo@phsa.ca
Ceiling Lift - Lifting Patient from the Floor 10 minutes	19396	This procedure is completed when a patient has fallen to the floor and is unable to get up with minimal assistance.	PHSA	Kitamura, Cindy ergo@phsa.ca
Total Body Floor Lift 10 minutes	19367	Use this lift to move a non-weight bearing patient between bed and chair or if the patient has fallen to the floor.	PHSA	Kitamura, Cindy ergo@phsa.ca
Sit/Stand Lift 10 minutes	19368	Use this procedure when using a sit/stand lift to transfer a patient between a bed and chair. The Sit/Stand Floor Lift is to be used when transferring a patient who: <ul style="list-style-type: none"> • is able to bear weight with at least one leg (requires assessment) • is cooperative, reliable, and can follow directions • is able to sit unsupported at the edge of the bed. 	PHSA	Kitamura, Cindy ergo@phsa.ca

HoverMatt 10 minutes	19399	This procedure is used to transfer a patient from one flat surface to another; for example, from a bed to a stretcher.	PHSA	Kitamura, Cindy ergo@phsa.ca
HoverJack 10 minutes	19400	The HoverJack is used in conjunction with the HoverMatt (or other lateral transfer devices) to transfer a patient from floor (i.e. after a fall) to a bed or stretcher.	PHSA	Kitamura, Cindy ergo@phsa.ca
Slidersheet - Boosting & Turning 10 minutes	19401	When a patient needs assistance to move in bed: Use a ceiling lift and positioning sling (recommended procedure) OR use a slider sheet as per this procedure	PHSA	Kitamura, Cindy ergo@phsa.ca
Lateral Transfer Sliding Board 10 minutes	19403	Use this procedure when the patient must be moved from one flat surface to another while lying (i.e. stretcher to bed) when the following recommended options are not available: <ul style="list-style-type: none"> • HoverMatt • Ceiling lift with re-positioning sling 	PHSA	Kitamura, Cindy ergo@phsa.ca
Assisting a Patient from Lying to Sitting 10 minutes	19404	Use the procedure after assessing that mechanical lifting equipment is not appropriate. This procedure is recommended for a patient who is cooperative AND able to assist with sitting up. DO NOT use with someone with a recent hip replacement.	PHSA	Kitamura, Cindy ergo@phsa.ca
Standing Transfer - Bed to Chair/Commode 10 minutes	19405	This transfer is recommended for a patient who: <ul style="list-style-type: none"> • can bear weight on both legs • requires minimal physical assistance to stand • can follow directions • can take steps If any of these criteria are not met, a mechanical lift must be used.	PHSA	Kitamura, Cindy ergo@phsa.ca
Lowering a Patient to the Floor 10 minutes	19406	Use this procedure when walking with a patient who begins falling to the floor from a standing position.	PHSA	Kitamura, Cindy ergo@phsa.ca

<p><u>SAIL Training for Home Health Professionals</u> (HHP) 2 hours</p>	11766	<p>Strategies and Actions for Independent Living (SAIL) is an evidence-based health promotion and fall prevention program designed for home health professionals (HHPs) and community health workers (CHWs) who provide support to clients who receive publicly funded home support services.</p>	VCH	<p>Ronda Field <u>Ronda.Field@fraserhealth.ca</u></p>
<p><u>Strengthen Your Core! Palliative Competencies</u></p>	27664	<p>Strengthen Your Core! is a program by the BC Centre for Palliative Care about the Palliative Core Competencies. It includes 8 modules, one for each of the core competency domains.</p> <p>The Domain 1: Principles of Palliative Care and Palliative Approach module is a pre-requisite for the other 7 modules.</p>	PHSA	<p>Kathleen Yue <u>kyue@bc-cpc.ca</u></p>
<p><u>Understanding Diversity and Spirituality</u> 1 hour, 40 minutes</p>	22282	<p>This course is part of the Medically Complex Frail Elderly (McFE) Curriculum. This course is geared towards professionals within the Inter-Professional Team (IPT) who are required to assess, care plan or provide direct point of contact care of an older adult.</p>	NHA	<p>Michael Prevost <u>michael.prevost@northernhealth.ca</u></p>
<p><u>VCH Home Support Orientation</u> 1 hour</p>	20905	<p>This course will enable the CHW to understand their role and responsibilities within the structure of VCH. The modules will help visualize the steps during a work day, and will familiarize the CHW with their supports, and relevant VCH policies.</p>	VCH	<p>Anna Chew <u>anna.chew@vch.ca</u></p>