

Indigenous Cultural Safety and Humility Courses List

[San'yas Anti-Racism Indigenous Cultural Safety Training Program](#)

San'yas: Indigenous Cultural Safety Training is a unique, on-line training program designed to enhance self-awareness, and strengthen the skills of those who work both directly and indirectly with Indigenous people. Core Indigenous Cultural Safety (ICS) Health Training focuses on health care issues for professionals working with Indigenous people in British Columbia. The Core ICS Health is specific to those who work in the health care field and the goal is to improve access to health services and health outcomes for Indigenous people. Completion time is approximately 10 hours.

[Providing Culturally Safe Care with an Indigenous Lens](#)

This is a free 2-hour course within the Palliative Care Education for Personal Support Workers Program.

Learners will:

- Explore the history of Indigenous people in Canada and the role of colonialism in marginalizing Indigenous people and their access to health care.
- Learn strategies for providing culturally safer care with a trauma informed approach including implementing Calls to Action for health care from the Truth and Reconciliation Commission, and using the concept of two-eyed seeing.

[Introduction to Indigenous Health - LearningHub](#) (15 minutes)

The Introduction to Indigenous Health module will guide you through some foundational information about Indigenous peoples in Canada. Additionally, this module will prompt your thinking about how self-reflection and recognition of power imbalances in healthcare can affect culturally safe service delivery.

[Indigenous gender diversity: creating culturally relevant and gender-affirming services – LearningHub](#) (3 hours)

A foundational course to help learners increase awareness, knowledge, and skills for improving access to services for gender diverse Indigenous people across BC.

Content development for this course has been led by and made in collaboration with various gender diverse Indigenous, Two-Spirit, and Indigenous community members, providers, and artists.

Acknowledgments are found within the course.

[Strengthen Your Core! Palliative Core Competencies - Domain 2: Cultural Safety and Humility - LearningHub](#)

(15 minutes)

Course Prerequisite: [Strengthen Your Core! Domain 1: Principles of Palliative Care and Palliative Approach](#)

In this module you will explore foundational concepts relating to culture and how locations of privilege and discrimination impact our experiences of giving and receiving care.

[Cultural Safety and Humility Action Webinar Series](#)

Visit the First Nations Health Authority website to access Indigenous Cultural Safety and Humility resources and a series of free webinars to encourage participation, learning, self-reflection and positive change among BC's healthcare professionals.